

# GATHERING PLACE BY THE WATER

WEEK 2

AN ACTIVITY BOOK WITH MILWAUKEE AT HEART, MIND AND EXPERIENCE



## TERRITORY ACKNOWLEDGEMENT

Most of the land on which we live, play, grow and explore was once territory inhabited by the Indigenous peoples of the Americas. Some of the land was sold to the United States government through treaties but much of it was stolen through genocide, ethnic cleansing and forced removal.

We would like to recognize the Indigenous peoples that were here before us, and continue to exist as the past, present and future caregivers of this land. We honor the Bad River Band of Lake Superior Chippewa, Ho-Chunk Nation, Lac Courte Oreilles Band of Lake Superior Chippewa, Lac du Flambeau Band of Lake Superior Chippewa, Menominee Tribe of Wisconsin, Oneida Tribe of Indians of Wisconsin, Forest County Potawatomi, Red Cliff Band of Lake Superior Chippewa, St. Croix Chippewa, Sokaogon Chippewa, Stockbridge-Munsee and others that have graced this land.

Indigenous people are not people of the past—we are still here. Despite centuries of abuse and colonization, the territory in which we coexist is and always will be Indigenous land.

Regardless of the active backdrop of oppression and colonialism, we continue to offer our gifts and talents for the greater good. We are worth celebrating.

We invite you to reflect, learn, support, and authentically engage with us—the Indigenous communities that nourish the land you call home.

@cosechacreativespace

# A haiku

The days are slower.  
More time to think, ponder — be.  
Try to be present.

Quarantine birthday,  
Was not what I expected.  
But I still ate cake.

Warmer days ahead.  
Awaiting brand new freckles,  
Kisses from the sun.

Haiku is a traditional form of Japanese poetry. These short poems are trickier than they look but can be a lot of fun once you get the hang of it. Try to write your own!!

First line has 5 syllables  
Second line has 7 syllables  
Third line has 5 syllables

Reminder: A syllable is a part of a word that contains a single vowel sound and that is pronounced as a unit. For example, “warmer” has two syllables: warm-er and “quarantine” has three: quar-an-tine.



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**BY: KATIE AVILA LOUGHMILLER** (she, her) **@imkatieavila**

# A maze

Picture your favorite carbohydrate: starchy, doughy, warm, cooked to perfection, comforting — nutrition optional.

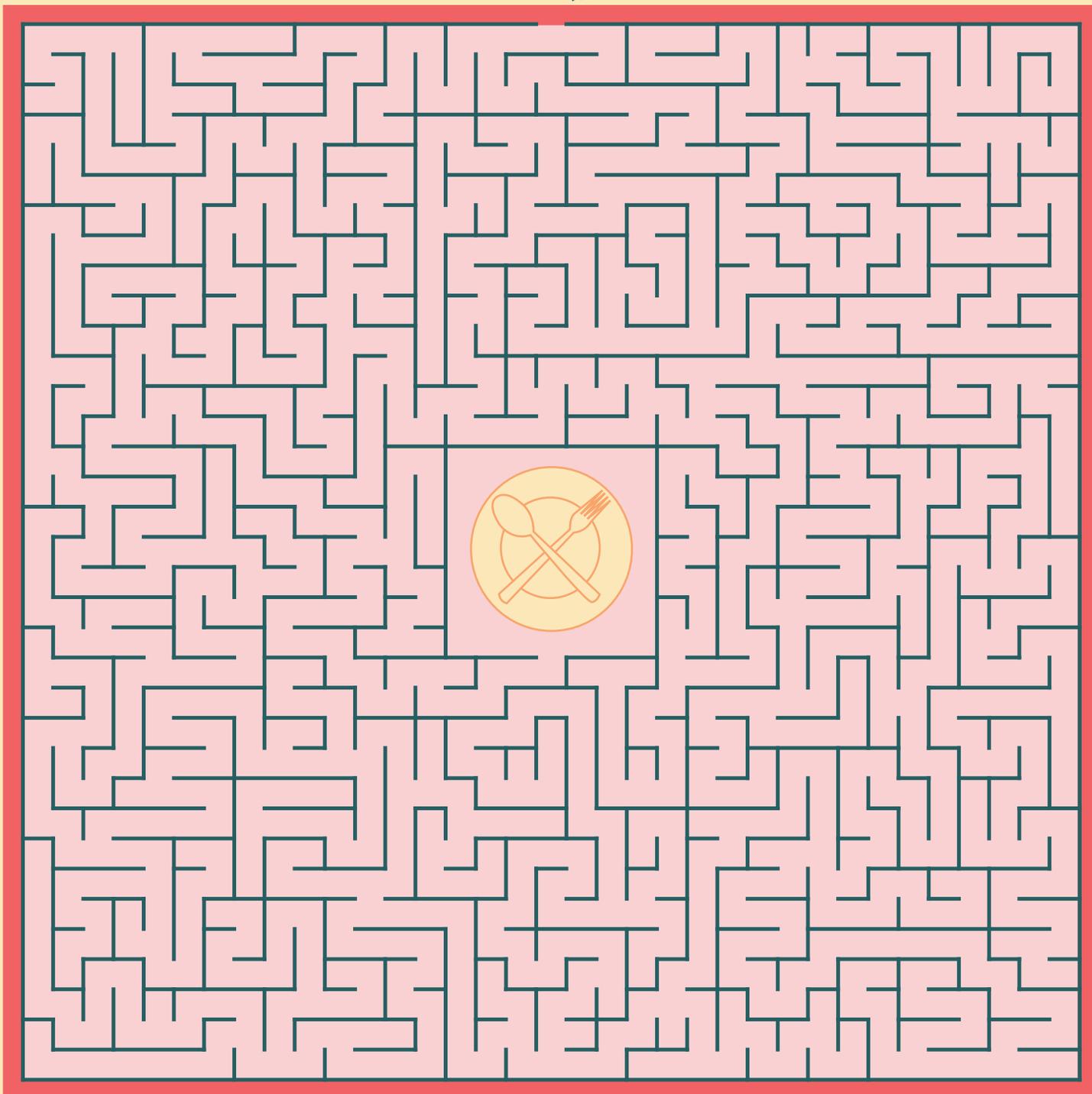
Now, picture your favorite topping for that carbohydrate: buttery, greasy, oily, ooey, gooey — nutrition forbidden.

Whether you've earned it or not, you deserve it.

Imagine — in the center of this maze, there's a bowl full of your carb, topped with your topping, waiting for you, with your name on it. You know what? Go ahead and write your name on that bowl before you start the maze.

Go!

**START HERE**



# A gift to color in



@Xeroine\_Illustration

#coloringwithXeroine

BY: YESSICA JIMENEZ (she, her) @xeroine\_illustration

# A word search: **OUR RESTAURANTS.** LOCAL SPOTS THAT ARE OPEN FOR CARRY-OUT DURING COVID-19

A H E A N B C J G A S A S H S N E P B Y  
 C Y U Y Q Z R S M B O L A S Y E L I G Y  
 N L R I A D N E R O F H D N T I I F I A  
 T O Z F I D N L D U R E N I I A E N H N  
 E P U R T C I A F E I E I K C A Z Z F M  
 A E S A L P E M N F T V R R D P E Z B O  
 L Z Z F S S U O Q A O I G E L P U T A L  
 P B G E Z Z B C G C S O D P A E N G M C  
 S A P N T B F S K U V S N R R T B Y B I  
 E K C A L B U O Y S E K A M E E F F O C  
 T E S E F C N L T A G D E S M S C C O I  
 N R N N S N K A D S A A S O E P L N T R  
 C Y Y A L S Y I R A Z Z I P S O T E B T  
 D A M I U S F R N C Y R R A A P M A S M  
 C A L T I G R E S I M E I E R S A E C I  
 D A T N Y F E U M M S I D H K R A F B A  
 I B U E S T S Q B A S A O K U N A C E R  
 I L L I K I H A G Z O D D C A U I N U A  
 T G S V Z H E T R E S H E R M A N O S T  
 T N I Z R B O A M U C E A A O M M V N P

COFFEE MAKES YOU BLACK

SOFRITOS VEGA

FUNKY FRESH

BAMBOO

TAQUERIA LOS COMALES

TRES HERMANOS

MR PERKINS

ORENDA

DAMASCUS GATE

EMERALD CITY

PETES POPS

TU CASA

MI CASA SU CAFE

LOPEZ BAKERY

VIENTIANE

ANMOL

RISE AND GRIND

BETOS PIZZA

TRICICLO

TUSK

# A recipe for dance

BY: DANIEL SKYLER (he, him)

Have you wanted to dance when you were listening to some music at home? Here's a quick "how to" on dancing a salsa basic next time you're enjoying your favorite jams.

## SALSA BASIC:

The salsa basic can be done alone or with a partner! Anywhere you like

The basic is done in 2 parts with 6 steps taken total. The basic is a forward rock step followed by a backward rock step. You will move on the beats 1, 2, 3 (hold the 4) 5, 6, 7 (hold the 8)

1. Begin with feet together. We will call this "home base." Take a small step forward with your left leaving the right foot at home base.
2. Replace your weight to your right foot still on home base.
3. Pick up your left foot again and replace it to home base. Your feet should be together now.

That completes part 1 and the first three steps. Here is part 2.

5. Take a small step back with your right foot. The right foot will be coming from home base while the left foot will remain at home base.
6. Replace weight to the left foot.
7. Pick up your right foot and return it to home base next to the left foot. Both feet together back at home base.

A variation on the basic is a side basic. Side rock step.

Begin the same way. Feet together on home base.

The rock steps go to the side as opposed to forward and back.

Left foot to the side, replace weight to the right foot at home base the pick up left foot and return to home base. Repeat on the right side.

Quick note on music!

There are 8 beats of music in a measure of music. The salsa basic has 6 steps total. There are two beats of music that you do not move your feet on. Beats 4 and 8.

The first part of the salsa basic is danced on beats 1, 2 and 3. The second part is danced on beats 5, 6 and 7.

Have a great time dancing! Move the way you want and like nobody is watching!

**STAY SAFE! WE APPRECIATE YOU ALL!**



**THANK YOU TO OUR COLLABORATORS:**

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